



Optimist Championship

*2008 Junior Sailing Association of Long Island Sound
Standard Optimist Preliminary Notice of Race*

Manhasset Bay Yacht Club

455 Main Street, Port Washington, NY 11050

Friday and Saturday, August 8—9, 2008

(Registration and Safety Check Thursday, August 7)

NOTICE OF RACE (Amended 8/3/2008)

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008, including US SAILING Prescriptions, the rules of the U. S. Optimist Dinghy Association (USODA), and the 2008 Rules for JSA Events.

2 Eligibility

2.1 All competitors must comply with the eligibility rules of the JSA of LIS and must have been born on or after January 1, 1993. The list of qualified sailors will be listed on the JSA of LIS website at

www.jsalis.org/Regattas/Regatta_2008/2008_Regatta_Info.html.

See Opti Champs 8-8-08.

2.2 This event is open to Optimist sailors representing member programs in JSA Area(s) A, B and C.

2.3 As per class and JSA rules, all competitors are required to be members of the United States Optimist Dinghy Association (USODA) by 1700 August 8, 2008.

3 Entry Requirements, Fees and Deadlines

3.1 Each member program must submit the following:

a) Email the electronic entry form to chair.optichamps@manhassetbayyc.org.

This form is a Microsoft Excel spreadsheet, available on the JSA website, www.jsalis.org/Regattas/Regatta_2008/2008_Regatta_Info.html

http://www.jsalis.org/Regattas/Regatta_2008/2008_Regatta_Info.html. See Opti Champs dated 8-8-08.

b) The entry fee is \$ 120 per sailor prior to 1700 August 4, 2008 and \$60 per instructor. Post July 29th qualifiers will be accepted without late fee until 1700 8/5/08.

c) Late entries will be accepted until 1700 August 7, 2008. The entry fee for late entries is \$160 per sailor.

3.2 The entry package and all forms if sent hard copy must be received by the main office at **Manhasset Bay Yacht Club, 455 Main Street, Port Washington, NY 11050** no later than 1700 on **Friday, August 1, 2008**. One check, payable to Manhasset Bay Yacht Club must be drawn per club for all fees.

3.3 The entry package consists of the entry form, a completed JSA Standard Waiver and Medical Release Form for each competitor, and a check for all fees. The entry is not complete until all these elements have been received at the address above. **Please register on the JSA website for the ELECTRONIC 2008 Waiver Agreement and Medical Authorization at this link: <http://www.jsalis.org/login.html>**. A copy of that electronic form should be emailed or sent with the registration package.

3.4 The entry form may be submitted electronically using the Entry Form available at http://www.jsalis.org/Regattas/Regatta_2008/2008_Regatta_Info.html. In addition, the JSA Waiver and Medical Form may be submitted electronically as a PDF file that is created by scanning in the signed forms or by downloading the forms from http://www.jsalis.org/Regattas/Regatta_2008/2008_Regatta_Info.html. Electronic entries shall be emailed no later than **1700 on Friday, August 1, 2008** to: chair.optichamps@manhassetbayyc.org. A check for regatta fees is still required and must be received as directed by 3.2.

3.5 The entry fee includes a regatta commemorative, breakfast and lunch on Friday and Saturday, and dinner on Friday for competitors and coaches.

4 Registration and Sailing Instructions

4.1 Each participant must appear in person at the registration table during the registration period. Instructors should also come to registration to register themselves and receive safety assignments.

4.2 Sailing instructions will be available before or during this time.

5 Changes to the Racing Rules

5.1 Upon finishing each race, a boat intending to protest shall as soon as possible, without consultation with instructors or spectators, notify the race committee of her intent to protest and, if possible, the sail number of the protested boat. Also, a protesting boat does not need to lodge a written protest. (These add to or change RRS 61.)

5.2 The JSA Arbitration Procedure (Appendix C of the 2008 Rules for JSA Events) shall be used for hearing protests. (This changes RRS 63.)

6 Format and Schedule of the Regatta

- 6.1 The entire fleet may be divided into divisions. The fleet will race sets of races between or amongst divisions. A set is a sequence in which all divisions have completed a scored race.
- 6.2 Nine races are scheduled. At least one set of races must be completed to constitute a series.
- 6.3 The schedule of events is as follows:

Thursday, August 7, 2008

Registration and Safety Inspection	1600-1930
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Friday, August 8, 2008

Registration and Safety Inspection	0730-0930
Coaches' Meeting	0945
Competitors' Meeting	1000
Harbor Start	1030
First Warning Signal	1130
Lunch	On the Water
Dinner at MBYC	Immediately After Sailing

Saturday, August 9, 2008

Harbor Start	0900
First Warning Signal	1000
Lunch	On the Water
Deadline for last Warning Signal	1700
Presentation of Awards	As soon as possible after Sailing

7 Equipment and Safety Requirements

- 7.1 Each boat must comply with the USODA rules and with the 2008 JSA Optimist Inspection Checklist (Appendix A of the 2008 Rules for JSA Events). An inspection of some or all boats may be carried out at any time during the event.
- 7.2 Competitors and instructors are required to wear a PFD with whistle attached at all times when on the water or on the dock in accordance with JSA rules. Failure to comply with JSA rules can result in disciplinary action being taken (see Section 12).

8 Racing Area

The racing area will be Long Island Sound and Manhasset Bay.

9 Course

The course will be the Optimist Trapezoid with a gate for the leeward mark.

10 Scoring

The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply. A boat's worst race will be excluded if at least five races are completed.

11 Sail Numbers

Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected in compliance with RRS 76.1. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only (this changes RRS 60.1 (a)).

12 Discipline

- 12.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The regatta organizer or protest committee may discipline and/or penalize a junior sailor or instructor for actions that include, but are not limited to, the following:
- a) Swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
 - b) Stealing or borrowing, without permission, anything that does not belong to them; or
 - c) Possessing, consuming or being under the influence of alcohol or illegal drugs.
 - d) Failure to wear a properly fastened PFD.
- 12.2 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible must leave the race course as well unless other satisfactory supervisory arrangements are made.

13 Coaches and Support Craft

- 13.1 Each club with sailors competing in this event shall designate one adult (coach, parent or program representative) who will be present on the water during racing.
- 13.2 Any club entering three or more boats shall supply a support craft equipped with a working VHF Radio, an anchor and a first aid kit. The designated adult shall be on this support boat during racing and shall attend the coaches' meeting. He or she shall drive the support craft in accordance with JSA 9.4 (c) and (d) and shall check with the regatta organizers before the first day's harbor start about safety patrol assignments and responsibilities. Spectator and coach boats shall stay well clear of the course area while boats are racing and must listen to the radio for updates and directives coming from the race committee.
- 13.3 A representative from each club shall check in at registration to provide the name(s) of its designated adult and other information requested about its support

craft.

- 13.4 If a club is not sending a support craft (i.e., a club is sending fewer than three boats), arrangements must be made with another club to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without an instructor on the race course.

14 Prizes

Prizes will be awarded to the top ten (10) finishers in the Red, Blue and White fleets, top five (5) overall and top 5 girl sailors.

16 Responsibility for Safety

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club, the sailor of each boat agrees that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the Manhasset Bay Yacht Club and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

17 Hotels and Housing

No housing will be provided. Guest moorings and launch services are available to boats that wish to stay overnight during the regatta. A list of convenient hotels is available by calling the front desk at MBYC (516.767.2150).

18 Web Site

The Notice of Regatta, Sailing Instructions, results and other information are available at http://www.isalis.org/Regattas/Regatta_2008/2008_Regatta_Info.html

Regatta Chairperson: **Douglas Stebbins** 516.459.4205
Lynne Stebbins 516.398.1281
chair.optichamps@manhassetbayyc.org

Principal Race Officer: **Sue Miller** 917.373.3683
pro.optichamps@manhassetbayyc.org