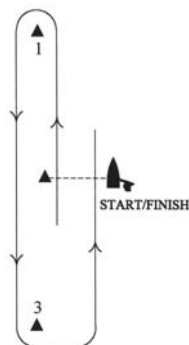


**Manhasset Bay Yacht Club  
2009 Women's Ideal 18 Race  
77th Annual Race Week**

**Sailing Instructions**

1. Rules – The series will be governed by the rules as defined in the current Racing Rules of Sailing (RRS), including the Ideal 18 class rules, except that a crew of two or three is acceptable. This changes Ideal 18 class rule 13.4
2. Notices to Competitors – Any changes to the Sailing Instructions (SIs) for the series will be posted in MBYC on the Regatta bulletin board.
3. Schedule – One race constitutes a series. No warning signal will be made after 2000. The number of races sailed will be at the discretion on the race committee.
4. Racing Area – The racing area will be Manhasset Bay.
5. Course – course will be a windward/leeward course with all marks rounded to port. If code flag T is flown, the course will be twice around.



6. Marks – Marks will be orange tetrahedrons. Alternatively, colored “hippity-hops” or Cow Bay Racing marks may be used.
7. Start & Finish Lines – The start and finish lines will be between an orange flag on the Race Committee Signal boat and a nearby mark on the port side of the RC Signal boat.
8. Starting Sequence – The following starting audible starting sequence will be used:

Attention		5 short sounds
Warning	2 minutes	2 long sounds
Preparatory	1 minute 30 seconds	1 long, 3 short sounds
	1 minute	1 long sound
	30 seconds	3 short sounds
	20 seconds	2 short sounds
	10 seconds	1 short sounds
	5 seconds, 4 seconds, etc.	Short, short, short, short, short
Start	0 seconds	1 long sound

Boats not starting within 4 minutes of the starting signal will be scored DNC.

9. Time Limit – The time limit for each race is 45 minutes. Any boat that does not finish with 20 minutes of the first boat or the time limit, whichever is longer, shall be scored DNF.
10. Protests – Protests shall be written and filed with the front desk of Manhasset Bay YC. The Protest time limit shall be 2030.
11. Scoring – A boat’s series score will be the total of her race scores (no scores excluded).
12. Responsibility for Safety – As a condition of participation of any boat or participant in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club: the helmsman of each boat agrees that the safety of the boat and the crew and the decision whether or not to start or to continue racing is solely their responsibility, and each of them waives all claims which he or she or any heir or representative, successor or assignee, may have against the Manhasset Bay Yacht Club, and its officers, trustees, committees, members, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat and crew including safety equipment, rigging and wearing of personal buoyancy. Assistance from the race committee, patrol boats or other support boats and from personnel manning them is at the risk of the participant.

Race Week Chair                      Bob Prokop (516) 944-6827 [rprokop@optonline.net](mailto:rprokop@optonline.net)

Women’s Racing Organizer: Stephanie Baas (516) 365-1903 [Sfbaas@aol.com](mailto:Sfbaas@aol.com)

MBYC Regatta Chair:                Ted Toombs      (516) 767-8450

MBYC Protest Chair:                Greg Danilekl   (516) 767-8450

Principal Race Officer:            Bob Prokop/Tom Powers