



**Sonar Atlantic Coast Championships
May 30 – 31, 2009
Sailing Instructions**

1 Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 This regatta has been sanctioned by SCA.
- 1.3 These Sailing Instructions change RRS Part 5, Section B to provide for arbitration of some protests.

2 Notices to Competitors

Notices to competitors will be posted on the Official Regatta Notice Board located in the MBO Room on the first floor of the Manhasset Bay Yacht Club (MBYC) and broadcast on VHF channel 71 at 1030 Saturday and 1000 Sunday. Arbitration and protest hearing schedules will be posted on this board.

3 Changes in Sailing Instructions

Any change in the sailing instructions will be posted at least 120 minutes before the first warning signal on the day it takes effect. Any change in the schedule of races will be posted before 1900 the day before the change is to take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the main dock of MBYC and broadcast on VHF channel 71.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.

5 Schedule

Sat, May 30	0930	Competitors meeting
	1100	First scheduled warning signal, multiple races to follow
Sun, May 31	1030	First scheduled warning signal, multiple races to follow
	1400	No warning after this time

6 Racing Area

The racing areas are shown in Attachment 1 and will be one of the three areas below:

- A. West of Stepping Stones Light and between the light and Nun "2" off Willet's Point.
- B. East of Stepping Stones Light and between the light and Green Gas Buoy "29" off Hewlett Point.
- C. East of Hart Island in the vicinity of Gong "1".
- D. Outer Manhasset Bay.

The Race Committee boat will announce the course and race committee location on VHF channel 71 at 1030 hours on Saturday and 1000 hours on Sunday.

7 Courses

- 7.1 The diagrams in Attachment 2 show the courses and their identifiers, including the approximate angles between legs, the order in which marks are to be passed, and the side on which the mark is to be left.

- 7.2 No later than the warning signal the race committee will display the course identifier and approximate magnetic compass bearing to mark 1.
- 7.3 The letter G, following the course identifier, will signify that a gate will be used instead of the leeward mark.

8 Class Flag

The Class flag will be numeral pennant 1.



9 Marks

- 9.1 Marks will be 5' orange tetrahedrons. The offset mark will be a 2 1/2' orange tetrahedron. The start-finish mark will be a 2 1/2' orange tetrahedron.
- 9.2 New marks, per SI 11, will be 5' yellow spheres.

10 The Start

- 10.1 The starting line will be between a staff displaying an orange flag on the signal boat and the course side of a nearby mark.
- 10.2 Boats not starting within (10) minutes after the starting signal will be scored DNS without a hearing. This changes RRS 63.1, A4.1 and A5.
- 10.3 The race committee will attempt to hail the sail numbers of OCS boats after the starting signal, using VHF channel 71. The failure of any boat to hear the hail, the timeliness of hails or the order of such hails shall not be grounds for granting redress. This changes RRS 62.1(a).

11 Change of the Next Leg of the Course

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12 The Finish

The finish line will be between the staff displaying an orange flag on a race committee boat and the course side of a nearby mark.

13 Time Limit

The time limit for the first boat to sail the course and finish is 90 minutes.

14 Haul-Out Restriction

All boats shall be afloat before 1000 on Saturday, May 30 and shall not be hauled out during the regatta except with and according to the terms of prior written permission from the Principal Race Officer or a member of the Jury.

15 Safety/Communications

- 15.1 All boats shall check-in with the race committee before the warning signal of the first race each day

either by hailing on VHF and receiving confirmation from the race committee or by sailing past the signal boat on starboard tack, hailing their sail number and receiving confirmation from the race committee.

15.2 The race committee will monitor VHF channel 71 for emergency transmissions. The race committee may also be using VHF channel 71 for working communications, and may employ an "open mike" policy. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except for emergencies. This restriction also applies to cellular telephones and other electronic devices. Boats may monitor VHF channel 71, but are advised that any race committee communications are unofficial, and made either for race management purposes or as a courtesy to the competitors. As such, the race committee's use, or lack thereof, of radio communications shall not be grounds for redress.

15.3 The MBYC dock monitors VHF channel 73.

15.4 Boats are reminded that Western Long Island Sound and the East River have commercial traffic. A boat and its crew shall at all times keep clear of all commercial vessels and shall not maneuver in any manner that would cause a commercial vessel to be unable to sail its proper course or carry out its commercial functions in a normal manner.

15.5 If a boat's actions or maneuvers result in a danger signal (5 horn blasts) from a commercial vessel, that boat may be protested only by the race committee or protest committee. This changes rule 60.1.

16 Scoring

16.1 Three (3) races are required to be completed to constitute a series.

16.2 A boat's worst score will be discarded if six or more races are completed.

16.3 Rule A4.1 is changed as follows:

16.3.1 Boats that do not start within 10 minutes after the starting signal will be scored DNS without a hearing.

16.3.2 Boats that do not finish within 30 minutes after the first boat sails the course and finishes or that do not finish within the time limit, whichever is later, will be scored TLE, two points more than the number of finishers; but in no case will a score of TLE be worse than DNF.

16.4 If a boat requests redress for being scored OCS and her request is not granted, her score will not be excluded from her series score.

17 Protests

17.1 In addition to the notification requirements of rule 61.1, a protesting boat shall inform the race committee finish boat of her intent to protest and identify the boat being protested directly after the finish of the race in which the incident occurred.

17.2 Protest forms will be available at the front desk of MBYC. Written protests shall be filed with the front desk of MBYC.

17.3 The protest time limit will be one hour after the race committee signal boat arrives at the MBYC dock and will be posted on the official bulletin board.

18 Arbitration

18.1 For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing may be held prior to a protest hearing. This changes Part 5, Section B of the RRS.

18.2 After a written protest is delivered to the Protest Desk, one representative from each boat will meet with the arbitrator unless the protestor requests that the protest be withdrawn. No witnesses will be allowed. Protests not resolved by arbitration will be forwarded to the jury.

18.3 A boat that accepts the arbitrator's opinion that she broke a rule of Part 2, or that wishes to acknowledge a breach of a rule and accept an arbitration penalty prior to the end of protest time, shall receive a Scoring Penalty of 40% calculated in accordance with rule 44.3(c). This penalty is not available for incidents involving injury, serious damage or when significant advantage was gained in a race or series by a breach of a rule. If a boat does not accept the arbitrator's opinion that she broke a rule, the protest will be forwarded to the jury.

18.4 If the arbitrator's opinion is that no boat broke a rule, the protestor will be invited to withdraw the protest. If the protest is not withdrawn, it will be forwarded to the jury.

18.5 The acceptance of an arbitrator's opinion cannot be grounds for redress or a reopening, or be appealed (this amends RRS 62, 66 & 70).

18.6 The arbitrator will not be a member of the jury that hears the protest but will be permitted to observe and offer testimony. This amends RRS 63.3(a).

19 Prizes

Series prizes will be awarded on Sunday, May 31 to the top three finishers, including their crew.

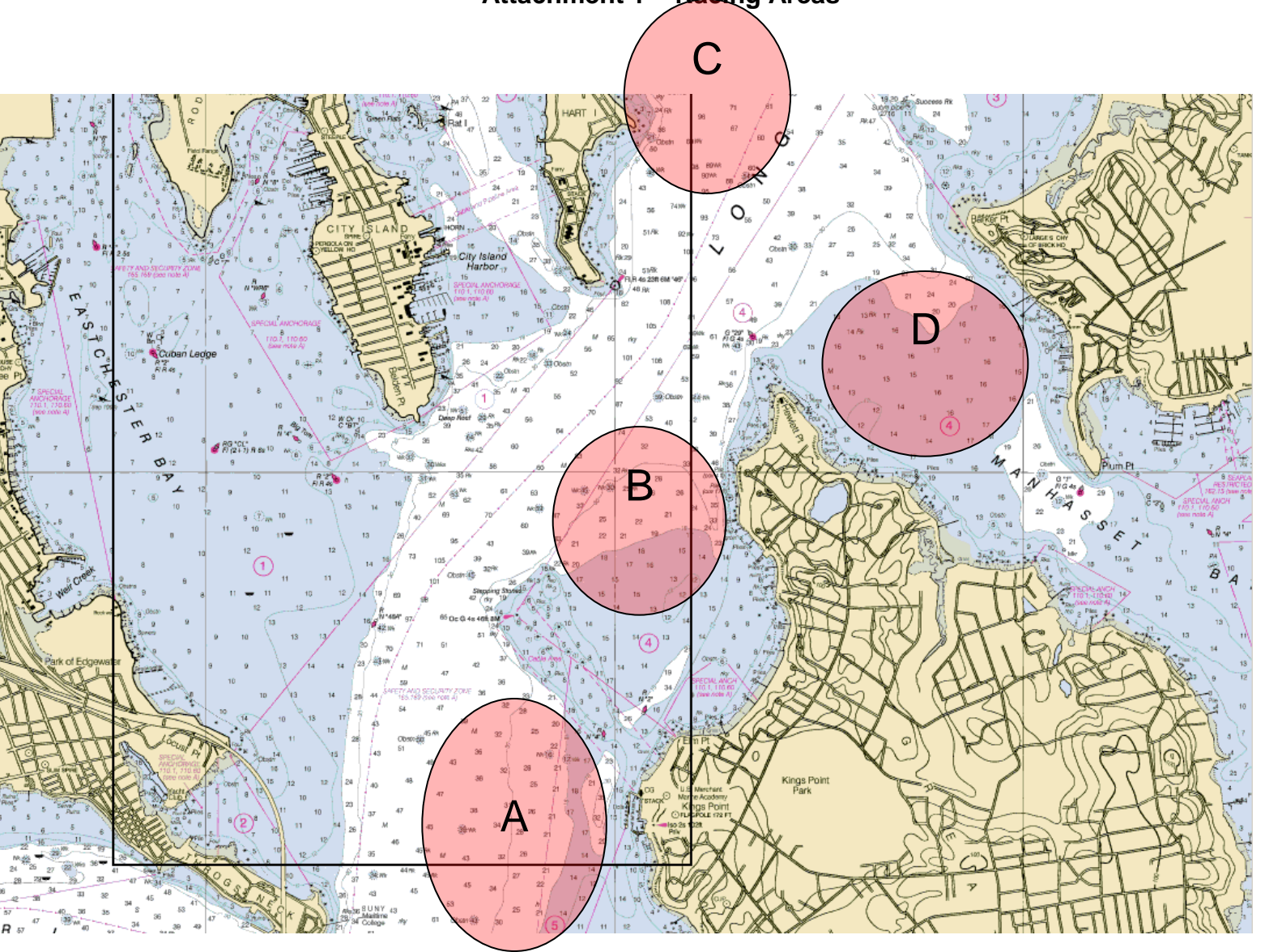
20 Responsibility for Safety

As a condition of participation of any boat or participant in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club, USMMA and/or Sonar Fleet #11 (collectively, the Organizers): the helmsman of each boat agrees that the safety of the boat and the crew and the decision whether or not to start or to continue racing is solely their responsibility, and each of them waives all claims which he or she or any heir or representative, successor or assignee, may have against the Organizers, and its officers, trustees, committees, members, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat and crew including safety equipment, rigging and wearing of personal buoyancy. Assistance from the race committee, patrol boats or other support boats and from personnel manning them is at the risk of the participant.

ClubSafe



Attachment 1 – Racing Areas



Attachment 2 - Courses

3	4	5
<p style="text-align: center;">Start, 1 (port), 1a (port), 2 (port) or between 2a and 2b, finish at 1</p>	<p style="text-align: center;">Start, 1 (port), 1a (port), 2 (port) or between 2a and 2b, 1(port), 1a (port), finish</p>	<p style="text-align: center;">Start, 1 (port), 1a (port), 2 (port) or between 2a and 2b, 1(port), 1a (port), 2 (port) or between 2a and 2b, finish at 1</p>
<h3 style="margin: 0;">Courses with Gate- G</h3>		