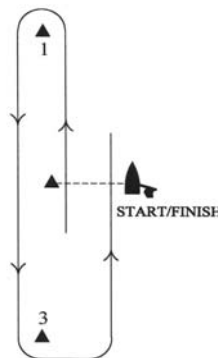




**Manhasset Bay Yacht Club
2010 YRALIS Frostbite Championships
for the Dyer & Mermaid Trophies**

Sailing Instructions

1. Rules – The series will be governed by the rules as defined in the current Racing Rules of Sailing (RRS), including RRS Appendix S.
2. Notices to Competitors/Changes in SIs – Any changes to the schedule and/or Sailing Instructions (SIs) for the series will be given verbally at the Competitors meeting.
3. Signals Made Ashore - Signals made ashore will be displayed from the dock house flagstaff. When flag AP is displayed ashore, “1 minute is replaced with “not less than 20 minutes’ in race signal AP.
4. Schedule – The first Warning will not be made before 1115. Three races are scheduled. No Warning will be signaled after 1245.
5. Racing Area – The racing area will be Manhasset Bay.
6. Start & Finish Lines – The start and finish lines will be between a flag on the Race Committee Signal boat and a nearby mark on the port side of the RC Signal boat.
7. Starts & Courses will be conducted as per RRS Appendix S – Sound Signal Starting System.
8. Individual Recalls –the Race Committee will attempt hail OSC boats by sail number. Failure of a boat to see or hear her recall notification and the timing and order of such hails shall not be grounds for redress. The changes RRS 41 & 62.1
9. Course – The course will be a windward/leeward course with all marks rounded to port.



10. Marks – Marks will be colored spheres. The color of the windward mark will be hailed before the warning.
11. Time Limit – The time limit for each race is 45 minutes. Any boat that does not finish with 20 minutes of the first boat or the time limit, whichever is longer, shall be scored DNF.
12. Protests – Protests shall be written and filed with the front desk of Manhasset Bay YC. Protest hearings will be scheduled at the discretion of the Protest Chair.

13. Scoring – The low point scoring system of Appendix A will apply, except that each boat’s total score will be the sum of her scores for all races (no score will be excluded). Three races are scheduled. One race shall constitute a regatta. The Dyer and Mermaid Trophies will be awarded by the YRA of LIS
14. Responsibility for Safety – As a condition of participation of any boat or participant in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club: the helmsman of each boat agrees that the safety of the boat and the crew and the decision whether or not to start or to continue racing is solely their responsibility, and each of them waives all claims which he or she or any heir or representative, successor or assignee, may have against the Manhasset Bay Yacht Club, and its officers, trustees, committees, members, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat and crew including safety equipment, rigging and wearing of personal buoyancy. Assistance from the race committee, patrol boats or other support boats and from personnel manning them is at the risk of the participant.

Principal Race Officer: Sue Miller (516) 883-2619 suemiller555@optonline.net or sue.miller@rcn.com