



# MANHASSET BAY YACHT CLUB FALL SERIES

October 17, 18, 2009 at 1055 local time  
October 24, 25, 2009 at 1055 local time

## *Sailing Instructions*

### 1. RULES

The race shall be governed by the rules as defined in the current Racing Rules of Sailing (RRS). Also governing are:

- 1.1 Current YRA of LIS Minimum Equipment Regulation Category C;
- 1.2 Current YRA of LIS PHRF regulations
- 1.3 2009 IRC Rules, parts 1, 2 & 3. For IRC, both Endorsed and Unendorsed Certificates: PHRF Crew weight limitations shall be observed – See YRALIS PHRF Regulations, E. Crew Weight
- 1.4 Each boat shall display the numeral pennant for her assigned class from her backstay or an equivalent position from the time she appears in the starting area until she has finished and cleared the finish area or withdrawn from the race.
- 1.5 The regatta is designated Category A in accordance with Rule 79 and Appendix 1, Regulation 20, unless class rules specify otherwise.

### 2. NOTICE TO COMPETITORS; CHANGES IN SAILING INSTRUCTIONS

Notices to competitors and changes to sailing instructions will be posted on the official Fall Series bulletin board at Manhasset Bay Yacht Club by 0900 each race day. Notices and changes will be available on the water and web site ([www.manhassetbayyc.org](http://www.manhassetbayyc.org)), and the committee will communicate same to contestants via VHF radio channel 72/69 before the warning signal at approximately 1015, 1030 and 1045.

### 3. RACE CIRCLES – VHF CHANNEL

The entrants will be assigned a race Fleet/circle on the scratch sheets. The RC will communicate on VHF 72 for the East Circle/Red Fleet and VHF 69 on the West Circle/White Fleet.

### 4. SIGNALS MADE ASHORE

Signals made ashore will be displayed at the Manhasset Bay Yacht Club on the main flagpole. If a shore postponement is signalled, the warning signal will be made no earlier than 75 minutes after the AP is lowered. This changes race signals AP.

### 5. STARTING TIMES/ SYSTEM AND NUMBER OF RACES

#### 5.1 STARTING TIMES/SYSTEM

Starts will be signaled in accordance with RRS 26. Class flags will be the class number as assigned on the scratch sheets.

The first warning will be signaled at 1055 local time.

**No boat shall start later than four (4) minutes after the starting signal. A boat that crosses the starting line in either direction later than four (4) minutes after her starting signal shall be disqualified without a hearing. This changes RRS 63.1.**

#### 5.2 NUMBER OF RACES

If conditions permit, additional races may be signalled by the display of Code Flag R, which will be hoisted prior to the finish of the race. This signal will be lowered & accompanied by one horn blast one minute before the warning signal for the next race. The starting sequence will be announced over VHF.

One race will constitute a series.

### 6. RACING AREA

The racing areas will be Western Long Island Sound east of Execution Rocks Light.

## 7. COURSES AND MARK DESCRIPTIONS

If Signal Flag “D” is flown from the RC Signal Boat, the SI Addendum will be used and one long distance race will be sailed that day. The order of class starts may be reversed and the interval between the class starts may vary.

### 7.1 MARKS

The marks will be 7-foot orange tetrahedrons for the Red Fleet (East circle) and 5’ yellow spheres for the White Fleet (West circle). New marks, as provided in RRS 33 Changing the Next Leg of the Course, will have a black band. RC will make course change announcements over VHF.

**If code flag C is displayed with the Preparatory signal, boats in that start will sail to the change mark instead of the original mark.**

### 7.2 COURSES (See Diagrams)

There will be four types of set mark courses. All marks on each course shall be rounded to port. They will be signalled with the letters “W”, “L”, “T” or “X”. A numeral below or next to the course letters will designate the number of legs or laps to be sailed.

**If a Gate is set instead of a single leeward mark, boats will pass between the marks as specified in RRS 28.1 (c)**

The courses are:

W . . . The starting line is set to leeward of the leeward mark. The finish line is set to windward of the weather mark for a W3/W5/W7. The finish line is set to leeward of the leeward mark for a W4/W6. The numeral will designate the number of legs to be sailed.

L . . . The starting line is set approximately in the middle of the windward leg. The numeral will designate the number of laps to be sailed.

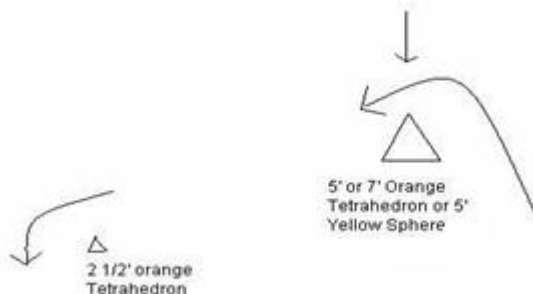
T . . . This is a Triangular course (approximately 90° triangle), with a weather mark, a reaching mark and a leeward mark. The starting line is set to leeward of the leeward mark, and the finish line to windward of the weather mark. The numeral will designate the number of laps to be sailed, not including the final windward leg.

X . . . This is a Triangular course (approximately 90° triangle), with a weather mark, a reaching mark and a leeward mark. The starting line is set approximately in the middle of the windward leg. The numeral will designate the number of laps to be sailed.

For all courses the compass heading and approximate distance to the weather mark will be posted on the signal boats, and announced over VHF Channel 72/ 69. For all courses, there may be an offset mark at the windward mark which will be several small 2 1/2’ orange tetrahedrons attached together approximately 100’ on a beam reach from the windward mark.

### 7.3. COURSE DIAGRAMS

See Course Diagram Sheet. Modified diagram of Windward Mark & offset mark



## 8. STARTS

The starting areas will be within an approximate six-mile radius of Execution Rocks. The signal boat will fly a Race Committee flag and a Manhasset Bay Yacht Club burgee. The starting line will be set between a staff displaying an orange flag on the signal boat and a pin displaying an orange flag.

**Each boat before its first race of the day shall sail past the starboard side of the RC signal boat to show its sail number.** The RC will hail OCS numbers via VHF 72 for Red Fleet/69 for White Fleet, and no redress will be granted in regard to the order, timeliness or other aspects of OCS hails. This changes RRS 41 and 62.1.

Any keep-away buoys attached to the signal/finish boats are deemed to be part of those boats.

## **9. FINISH**

For each fleet the finish will be between a staff displaying an orange flag on the Race Committee boat **and a pin displaying two flags, one orange and one yellow.** The finish line will usually be on the opposite side of the finish boat than the starting line was.

## **10. TIME LIMIT**

The time limit for the first boat in any class will be three (3) hours for set mark courses. Boats failing to finish within the class time limit, within 40 minutes after the first boat in that class finishes or within the time of the first class finisher plus their time allowance, whichever is later, will be scored "Did Not Finish." This changes RRS 35.

## **11. WITHDRAWAL OR ABANDONMENT BY A BOAT**

Any boat withdrawing before the start or retiring from the race for any reason shall, at the earliest possible moment, notify their Fleet's race committee either directly by VHF Channel 72/69, or contact the Manhasset Bay Yacht Club by telephone (516) 767-2150.

## **12. PROTESTS**

### **12.1 LODGING PROTESTS/PROTEST TIME LIMIT**

Protests shall be lodged in accordance with RRS 61 which is modified as follows: A boat initiating a protest against another boat shall display a red flag from its backstay or equivalent position. The protesting boat shall notify their race committee after finishing on VHF Channel 72/69 of its intent to protest. The Race Committee will broadcast a summary of reported protests, alternative penalties, and after the last race of the day, the protest time limit for each fleet for that day. Broadcasts will start when appropriate for each race and will be repeated until each protest has been broadcast twice.

A written protest shall be filed with the Front Desk at the Manhasset Bay Yacht Club office no later than two hours after the last finish in that fleet that day. Parties to a protest shall report to the Front Desk on arrival.

### **12.2 PROTEST HEARINGS**

Protest hearings will be held at Manhasset Bay Yacht Club as soon as possible after each race day. A protest against a boat whose representative has not announced his intention to appear at the hearing by reporting to the Jury Secretary in person or by telephone (516) 767-2150 within one hour of the filing of the protest may be heard without representation from the protested boat as provided in RRS 63.3(b).

## **13. ARBITRATION**

13.1 For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing shall be held prior to a protest hearing. This changes Part 5, Section B. After the written protest form is properly lodged, one representative from each boat will meet with the arbitrator. No witnesses will be allowed. Unresolved arbitration will be passed along to the protest committee. A boat that accepts fault at an arbitration hearing will be scored as designated in paragraph 15 (Scoring).

13.2 The arbitrator is neither the race committee nor the protest committee; therefore, the opinions of the arbitrator and the decisions made during arbitration cannot be grounds for redress or be appealed.

## **14. SCORING**

A low point scoring system RRS Appendix A will be used, with a boat's worst score discarded if five or more races are completed, and with the following changes:

OCS . . number of class starters in that race plus 1 point

DNF . . number of class finishers in that race plus 2 points

RAF . . number of class starters in that race plus 1 point

A boat that accepts fault at an arbitration hearing will receive a penalty score of 40% of the number of boats entered in the class (rounding 0.5 upward) added to her finishing position, except that she will not be scored worse than DSQ. The scores of other boats will not be changed.

## 15. RADIO AND TELEPHONE COMMUNICATIONS

To facilitate communications to competitors, the RC will broadcast announcements on channel VHF 72/69. These informational announcements may include the on station position of the signal boat, courses and OCS boats at each start.

## 16. PRIZES

The JOHN B. THOMSON, SR. TROPHY will be awarded to the IMS or One Design/Level yacht having the best overall performance as determined by the Regatta Committee.

The TED CLARK TROPHY will be awarded to the PHRF yacht having the best overall performance as determined by the Regatta Committee.

Trophies will be awarded to the top placing boats for each class for the series.

All prizes will be awarded in the MBYC Lounge on Sunday, October 25, at approximately 1730.

## 17. SAILOR'S RESPONSIBILITIES

By participating in this event, a sailor acknowledges that sailboat racing involves danger of severe personal injury. Each participant acknowledges that he or she is solely responsible for his or her own safety and that of the crew and boat. By participating, he or she represents that the boat and its equipment are in sound condition, that all required safety equipment is aboard, accessible for use and in operable condition, and that the decision to race, not to race, or to withdraw after starting is solely his or hers (see RRS 4). The owner, skipper and each crew member by participating in this event, waives and releases claims for bodily injury, death and property damage (including claims arising from negligence or lack of due care) which he or she may have, now or in the future, against Manhasset Bay Yacht Club, the YRA of LIS, and their respective officers, trustees, committees, members, employees and agents arising out of participation in this event.

Manhasset Bay Yacht Club	Susan R. Miller, Commodore
Regatta Chair	Ted Toombs
Event Chair	John Thomson & Susan R. Miller
Principal Race Officers	Susan R. Miller & Bob Prokop

*Participants are cautioned to extend the right-of-way to commercial vessels making a passage through the racing areas.*

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