



Manhasset Bay Yacht Club
SAILING INSTRUCTIONS FOR THE
79th ANNUAL NEW YEARS FROSTBITE REGATTA
Friday January 1, 2010 & Saturday January 2, 2010

1 RULES

- 1.1** Racing will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) including the prescriptions of US SAILING.
- 1.2** In addition to RRS rule 1 *Helping Those in Danger*, safety rules in paragraph 2, *SAFETY & CAPSIZES* shall apply.
- 1.3** Bow numbers are required for each InterClub. All InterClub dinghies shall have the same sail number as their bow number. If two yachts have the same "bow/sail" numbers, the boat whose hull's number matches that "bow/sail" number shall display that number. The bow number shall be placed within 1 foot of the bow stem. In addition, the bow number must be of contrasting color to the hull. Bow numbers will not be supplied by the organizing authority.
- 1.4** The "National" crew/boat rules will apply per the IC Technical regulations for the InterClub Dinghy Class Minimum crew weight: 315lbs. This changes IC Technical regulations for the InterClub Dinghy Class.
- 1.5** Ideal 18 Class Rules apply to the Ideal 18 fleet, except a crew of two or three is acceptable and class membership is not required. This changes Ideal 18 class rules 2.5.7 and 13.4.
- 1.6** Class Rules control in the event of a conflict between these Sailing Instructions and a class rule.

2 SAFETY & CAPSIZES

- 2.1 Launching** – No boat shall leave the dock until a safety boat is manned and on the water.
- 2.2 Life Jackets** – All competitors shall wear life jackets at all times while on the water except for brief periods while adjusting clothing.
- 2.3 Capsizes** – Each boat's obligation specifically includes the following:

Whenever possible, the boat nearest to a capsized boat that is able to do so, shall go to the

assistance of and/or stand by the capsized boat unless a safety boat can respond immediately.

Except for Lasers, the skipper and crew of a capsized boat shall immediately board the first arriving safety boat for transportation to shore, and that race shall be scored DNF. Neither skipper nor crew will participate in the recovery of their boat unless granted permission by the safety boat operator.

If the skipper of a capsized Laser cannot right the boat within approximately 3 minutes, the RC or safety boat crew may require the skipper to board the safety boat, and the race will be scored DNF.

- 2.4 Racing Area** – All boats are to remain in the vicinity of the racing area or the dock. They shall not sail away from the fleet and safety boat coverage.
- 2.5 Late arrivals, Withdraws, and Early Departures** – Any boat arriving after the start of the first race, withdrawing from a race, or leaving before racing is over shall inform the RC of her action whenever possible.

3 NOTICES TO COMPETITORS

All written notices including any changes to these Sailing Instructions shall be posted on the official notice board in the clubhouse no later than 1030 hours on the day they go into effect.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located on the front lawn. If a postponement is signaled ashore, the warning signal will be made not less than 20 minutes after the AP is lowered.

5 SCHEDULE OF RACES

Friday, January 1, 2010	Past Commodore's Race	Warning 1130
	First Warning 1230	
Saturday, January 2, 2010	First Warning 1130	

No warning will be signaled after 1430

6 RACING AREA

The racing area will be Manhasset Bay.

7 COURSES & MARKS

- 7.1** The courses will be short windward/leeward or no-jibe type courses. The course will be hailed verbally, including the marks, their colors, their rounding sequences and their required sides to all competitors. The color of the first windward mark will be displayed at the top of a pole. For no jibe courses, the first leeward mark color will be displayed under the windward mark color. All marks will be spheres of various colors.

- 7.2 At the RC's discretion, code flag "U" may be signaled to indicate a boat crossing the starting and finishing lines is prohibited after she *starts* until she is *finishing* a race.

8 THE START

- 8.1 The starting line shall be between a staff with a flag on it at the RC end of the line and a buoy with a flag on it at the other end. A boat shall not start later than four minutes after the starting signal has sounded, unless the RC verbally grants permission to start.
- 8.2 Races will be started using horn blasts or any other audible means, as follows. This changes RRS rule 26.

Warning Signal	Multiple short blasts	
Preparatory Signal	2 long blasts	2 minutes
	1 long and 3 short blasts	1 minute 30 seconds
	1 long blast	1 minute
	3 short blasts	30 seconds
	2 short blasts	20 seconds
	1 short blast	10 seconds
	1 short blast	5 seconds
	1 short blast for each remaining second	
Start Signal	1 long blast	Start

The warning signal for subsequent races will be made shortly after the finish of the previous race at the RC's discretion.

9 RECALLS

- 9.1 **Individual Recall** – The RC shall attempt to hail the sail numbers of the boats starting prematurely. The RC boat at the buoy end of the starting line will not be authorized to hail premature starters from their end of the line, but will attempt to inform the RC of their observations. No redress will be granted regarding any aspect of the hail of OCS boats. This changes RRS rule 29.1.
- 9.2 **General Recall** – General recalls shall be signaled by a hail from the RC boat and multiple horn blasts. The next signal shall be the warning signal. This changes RRS rule 29.2.

10 CHANGE OF COURSE AFTER THE START

A change of course after the start will be hailed near the mark beginning the leg being changed by a safety boat or RC person(s). The change shall be hailed before the leading boat has begun the leg. No code flag "C" will be flown. This changes RRS rule 33.

11 THE FINISH

The finish line will be between a staff with a flag on it at the RC end of the line and a buoy with a flag on it at the other end. The finish may be on the opposite side from the starting line.

12 TIME LIMIT

If no boat finishes within 30 minutes, that race shall be abandoned. Any boat not finishing within 15 minutes after the first boat that sails the course finishes shall be scored DNF (TLE) without a hearing *whereby she places 1 boat after the number of finished boats*. This changes RRS 35, 63.1, A4, and A5.

13 PROTESTS

Protests shall be delivered to the MBYC front office within 40 after the race committee arrives ashore. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day in the Trophy Room.

14 SCORING

The low point scoring system, RRS Appendix A, will be used and all races shall be counted (no throw-out). A DNF will be scored as the number of finishers plus two, except for TLE as described in paragraph 12, TIME LIMIT. This changes RRS A5. One race constitutes a series.

15 TROPHIES

The Baker-Taylor Founders Trophy will be awarded for the highest percentage in any class. The Henry A. Alker Perpetual Trophy will be awarded to the outstanding MBYC skipper. The San Wetherill Trophy will be awarded to the outstanding InterClub skipper. The Geoffery C. Hazzard Frostbite Trophy will be awarded to the outstanding Penguin skipper. The Robert W. Fraser Memorial Trophy will be awarded to the winner of the Past Commodore's Race. The Anchor Light Trophy for participation will also be awarded.

Appropriate trophies will be awarded in each class.

Pedro Lorson, Event Chair
_____, PRO
Ted Toombs, Regatta Chair
e-mail: RegattaChair@manhassetbayyc.org