

**Sonar Atlantic Coast Championships  
May 31 – June 1, 2008  
Sailing Instructions**

**1 Rules**

- 1.1 . The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 If flag AP is displayed ashore, “one minute” is replaced with “not less than 60 minutes”. This changes race signals AP
- 1.3 These Sailing Instructions change RRS Part 5, section B to provide for arbitration of protests.

**2 Notices to Competitors**

Notices to competitors will be posted on the Official Regatta Notice Board located in the MBO Room on the first floor of the Manhasset Bay Yacht Club (MBYC) and broadcast on VHF channel 71 at 1030 Saturday and 1000 Sunday. Arbitration and protest hearing schedules will be posted on this board.

**3 Changes in Sailing Instructions**

Any change in the sailing instructions will be posted at least 120 minutes before the first warning signal on the day it takes effect. Any change in the schedule of races will be posted before 1900 the day before the change is to take effect.

**4 Signals made ashore**

Signals made ashore will be displayed at the main dock of MBYC and broadcast on VHF channel 71.

**5 Schedule**

Three (3) races constitute a series.

Day	Date	First Warning	Last Warning
Saturday	May 31	Competitors meeting 0930	
		1100	RC Discretion
Sunday	June 1	1030	No later than 1330

**6 Racing Area**

The racing area will be one of the three locations below in Long Island Sound and its bays west of Execution Rocks. The Race Committee boat will make a VHF announcement on channel 71 at 1030 hours on May 31 and 1000 hours on June 1 to announce the location of the Race Committee.

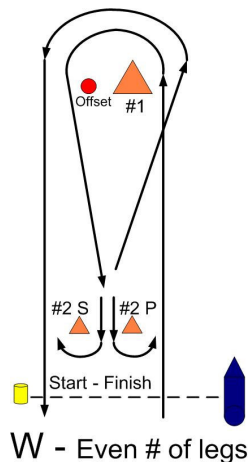
- A. West of Stepping Stones Light and between the light and Nun “2” off Willet’s Point.
- B. East of Stepping Stones Light and between the light and Green Gas Buoy “29” off Hewlett Point.
- C. East of Hart Island in the vicinity of Gong “1”.

## 7 Course

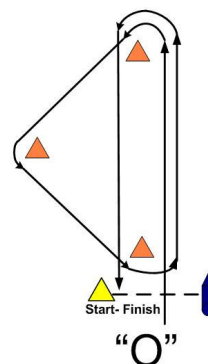
The course will be drop mark courses.

A windward/leeward course with all marks rounded to port as shown in the diagram. The Signal Boat will display the letter W and the number of legs, and the approximate compass direction to the first mark.

The start will be below the leeward mark. For course W3, the finish will either be at the windward mark or approximately 25 yards beyond the windward mark between a pin and the RC finish boat. If an offset mark has been set, it shall be rounded to port. If both gate marks are not in place, the remaining gate mark shall be rounded to port.



A triangle course with all marks rounded to port as shown in the second diagram will be signaled by the Signal Boat displaying a letter O.



## 8 Marks

Marks will be 5' orange tetrahedrons. The offset mark will be a 2 ½' orange tetrahedron. New marks, per RRS 33 - Change of the Next Leg of the Course, will be 5' yellow spheres.

## 9 The Start

9.1 The Class flag will be numeral pennant 1.



9.2 The starting line will be between a staff displaying an orange flag on the Signal boat and the course side of a nearby mark or pin.

9.3 Boats not starting within (10) minutes after the starting signal will be scored DNS. This changes RRS 63.1, A4.1 and A5.

## 10 Recalls

The RC will attempt to hail OCS boats on VHF channel 71. Failure of a boat to see or hear her recall notification and the timing or order of the hail will not be grounds for redress. This changes RRS 62.1 (a).

## 11 The Finish

The finish line will be between the staff displaying an orange flag on the Race Committee finish boat and the course side of a nearby mark or pin.

## 12 Time Limit

The time limit for each race is 90 minutes.

### 13 Haul-Out Restriction

All boats shall be **afloat before 1000 on Saturday, May 31, 2008** and shall not be hauled out during the regatta except with and according to the terms of prior written permission from the Principal Race Officer or a member of the Jury.

### 14 Safety/Communications

- 14.1 Courtesy announcements (if any) by the RC will be made on VHF channel 71, which will be monitored by the RC. Since the announcements are a courtesy only, no redress will be granted regarding any aspect of the RC announcements. The MBYC dock monitors VHF channel 73.
- 14.2 Boats are reminded that Western Long Island Sound and the East River have commercial traffic. **Please monitor and hail on VHF channel 13 as needed.** A boat and its crew shall at all times keep clear of all commercial vessels and shall not maneuver in any manner that would cause a commercial vessel to be unable to sail its proper course or carry out its commercial functions in a normal manner.
  - (a) If a boat's actions or maneuvers result in a danger signal (5 horn blasts) from a commercial vessel, that boat may be protested only by the race committee or protest committee. This changes rule 60.1.
  - (b) The penalty for breaking this rule may be disqualification from the entire regatta.

### 15 Scoring

- 15.1 A boat's worst score will be discarded if six or more races are completed.
- 15.2 Rule A4.1 is changed as follows:
  - (a) boats that do not start within 10 minutes after the starting signal will be scored DNS, and
  - (b) boats that finish later than 30 minutes after the first boat sails the course and finishes or that do not finish within the time limit, whichever is later, will be scored TLE.
- 15.3 Boats that do not finish within the time limit will be scored Time Limit Expired ("TLE"). This changes RRS 35. A boat scored TLE will receive two points more than the number of finishers; but in no case will a score of TLE be worse than DNF.
- 15.4 If a boat requests redress for being scored OCS and her request is not granted, her score will not be excluded from her series score.

### 16 Protests

In addition to the notification requirements of rule 61.1, a protesting boat shall inform the race committee finish boat of her intent to protest and identify the boat being protested directly after the finish of the race in which the incident occurred.

Protest forms will be available at the front desk of MBYC. Written protests shall be filed with the front desk of MBYC. The protest time limit will be one hour after the race committee signal boat arrives at the MBYC dock and will be posted on the official bulletin board.

### 17 Arbitration

For protests involving a rule of Part 2, When Boats Meet, a short arbitration hearing shall be held prior to a protest hearing. This changes RRS Part 5, Section B. After a written protest form has been delivered to the front desk of MBYC, one representative from each boat will meet with the arbitrator. No witnesses will be allowed. Unresolved arbitration will be referred to the protest committee. A boat that accepts fault at the arbitration hearing shall receive a penalty score of 40% of the number of entrants (rounding .05 upward), except that she shall not be scored worse than DSQ. The arbitrator is not a member of the protest committee, but will be permitted to observe the testimony and provide testimony. Decisions made during arbitration cannot be grounds for redress.

### 18 Prizes

Series prizes will be awarded on Sunday, June 1 to the top four finishers, including their crew.

19 Responsibility for Safety

As a condition of participation of any boat or participant in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club, USMMA and/or Sonar Fleet #11 (collectively, the Organizers): the helmsman of each boat agrees that the safety of the boat and the crew and the decision whether or not to start or to continue racing is solely their responsibility, and each of them waives all claims which he or she or any heir or representative, successor or assignee, may have against the Organizers, and its officers, trustees, committees, members, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat and crew including safety equipment, rigging and wearing of personal buoyancy. Assistance from the race committee, patrol boats or other support boats and from personnel manning them is at the risk of the participant.

Principal Race Officer: John P. Barry, Past Commodore

Event Chair: Bill Simon, Fleet #11

MBYC Regatta Chair: Ted Toombs

USMMA Representative: Rick Dominique



*ClubSafe*